

Application Note

Please keep track of your progress below:

Week 1	Shade
Week 2	Shade
Week 3	Shade
Week 4	Shade

Show your dazzling smile to the world!



SÖLEILglo



USER MANUAL
HOME KIT
TEETH WHITENING

- **Ingredient:** Non peroxide or peroxide
- **Range of Application:** Teeth stains from coffee, tobacco, genetic, tetracycline, food coloring, aging and other kind of yellow teeth.
- **Storage:** Avoid sunlight and keep in cool.
- **Shelf Life:** 24 months
- **Note:** Stop using if you experience discomfort or irritation.

PLEASE READ CAREFULLY BEFORE YOU BEGIN

1 MOLD

Mold the thermoplastic mouth trays

- Bring about 4 inches of water to a boil and remove from heat for 6-7 minutes.
- Submerge one of the mouth trays into the hot water (70°C - 80°C) for 10-12 seconds until tray appears to soften.

(IMPORTANT: FOR BEST RESULTS DO NOT OVERHEAT MOUTH TRAYS).



- Place the mouth tray into your mouth covering your upper teeth. Close your mouth and suck all air and excess water from mouth tray creating suction between mouth tray and teeth.
- Gently push the tray into your teeth by pushing on your upper lip with your fingers.
- Wait 10-15 seconds before removing mouth tray from mouth.
- Place mouth tray into a cup of cold water for 10 seconds to complete curing process.
- Repeat for lower mouth tray.



Increase the whiteness of your teeth 5 shades in only 5 days

2 TRIM

Trim the mouth trays to correct height

- After molding both mouth trays, use scissors to cut any excess from the tops of the trays at the gum-line.
- Trimming the mouth trays at the gumline will avoid any possible soft tissue irritation caused by whitening.



3 WHITEN

Fill mouth trays and whiten teeth

- Place a small drop of gel on each tooth impression on the upper AND lower mouth trays.
- (IMPORTANT: DO NOT OVERLOAD – LESS IS BEST).
- Place the upper AND lower mouth trays into your mouth and seat properly into the teeth impressions.
- Put gentle pressure on the upper mouth tray by pushing on your upper lip with your fingers in order to insure a tight fit.
- Do the same on the lower mouth tray.



- (If you are using your own blue ray light, please remove the plastic disc from battery section, turn the light on by pressing the white button, then place the light in your mouth. Remove the light after 10 minutes and continue wearing mouth trays for the desired amount of time).



- Wear mouth trays for approximately 30-45 minutes total time

(WE RECOMMEND STARTING AT 30 MINUTES AND GRADUALLY INCREASING THE AMOUNT OF TIME WORN).

- Remove mouth trays and rinse in lukewarm water. Store in a clean, dry place.
- Repeat daily until ideal shade of white is achieved.



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